

YOUR GUIDE TO

RITUAL WORK WITH ODIN

NATURAL ELEMENTS

Odin brought knowledge of the runes to the world by sacrificing himself on *Yggdrasil*, an enormous ash tree that is home to the nine worlds of existence. **Ash wood, honey, raven feathers,** and the **teeth or bones of bears & wolves** are all powerful additions to an Odin altar or ceremony. **Amethyst, Hawk's Eye,** and **Jet** are stones appropriate to Odin.



SYMBOLS

Odin is accompanied in his travels by two **wolves** named *Geri & Freki*, receives information from two **ravens** named *Huginn & Muninn*, and rides an eight-legged **horse** named *Sleipnir*. Odin also carries a **spear** named *Gungnir* and wields knowledge of the **runes**. In modern times, the **Valknut** (a symbol for the nine worlds of existence) is connected with Odin as well.



OFFERINGS

Odin presides over *Valhalla*, a majestic hall where slain warriors feast & prepare for the final battle of *Ragnarök*. Offerings of **mead** and **spoken words / poetry** are potent, especially when offered in honor of ancestors or loved ones who have passed on. **Intentions or prayers written in runes** also make for powerful offerings.



INVOCATIONS

Odin is the Norse god of wandering, wisdom, poetry, mead, battle, death, and shamanism. Call upon him for all things related to **self expression, safe travels,** and the **courage to release** old habits or beliefs for **personal transformation**. You can also invoke him before **public speaking** and during **divination** sessions.

