

## YOUR GUIDE TO

# RITUAL WORK WITH THOR



## NATURAL ELEMENTS

Thor is the Norse god of thunder & lightning. Oak trees were often struck by lightning in Northern Europe and so **Oak wood** is associated with Thor energy. **Metal hammers**, objects carved from **goat horn**, **rain water**, and **wheat kernels** are all potent additions to a Thor altar or ceremony. **Fulgurite** – a fusion of natural elements resulting from a lightning strike – is particularly auspicious for Thor devotees.



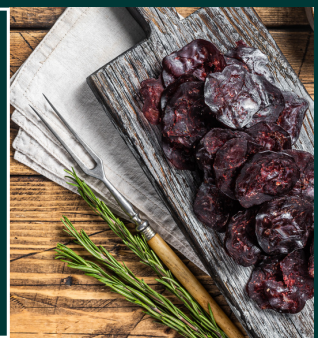
## SYMBOLS

Thor rides through the sky in a chariot pulled by two **goats** named *Tanngrisnir* & *Tanngrjóstr*, and wields the hammer **Mjölner** against his foes. Old Norse culture believed thunder was Thor's passing and lightning was *Mjölner* in action; *Mjölner* pendants date back to the 9th century. **Storm clouds**, **lightning bolts**, and **oak trees** are all symbols associated with Thor, as is the Elder Futhark rune **Thurisaz** (Þ).



## OFFERINGS

Thor, like his Roman counterpart Mars, was a god of war. **Prayers or offerings on behalf of fallen warriors** are always welcome to him, as are food and drink a Norse warrior could have eaten – plain fare like **game meat**, **fish**, **dark bread**, and **mead** (beer is a good substitute). **Goat meat** is especially fine, as are **plates/cups of Oak wood or goat horn**.



## INVOCATIONS

Thor was a fighter – both offensive & defensive – but also a lover. His marriage to the grain goddess *Sif* was seen as a sacred union of sky and earth. Call upon Thor when you need a dose of **bravery** or must **take a stand** in defense of your beliefs. You can also invoke him before strenuous **physical activity** or when you want to empower a **romantic partnership**.

